



Access the Internet

The Hub is one of six across the County, funded by Cumbria Partnership NHS Foundation Trust Integration Bursary.

The Hub Coordinator will work closely with GP practices, Social Care and the other community projects such as Community Neighbours and CCC Home Improvement Agency to enable older people to get the best access to those services and support in later life.



Unsure of what benefits you are entitled too?



Are you Interested in Social Activities?

Age UK Carlisle & Eden

Health & Wellbeing
Coordinator

Joan Bailey



Lonely/isolated - do you need someone to talk too?

For an informal discussion or you are unsure/worried about something please contact **Joan Bailey**

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