

Carlisle Rural ICC
Brampton Medical Practice
&
Longtown Medical Centre

CHoC Extended Access
Service (CHEA)

**EVENING AND WEEKEND
GP AND NURSE
APPOINTMENTS**

From 1 October 2018 you can access

GP pre booked TELEPHONE appointments at Brampton Medical Practice between the hours of 6:30pm and 8:00pm Monday, Tuesday, Thursday and Friday.

GP FACE TO FACE pre booked appointments at Longtown Medical Centre, Moor Road, Longtown CA6 5XA on a Wednesday 6:30pm to 8:00pm

Weekend appointments are available through CHoC Extended Access service CHEA

What is CHEA?

The CHoC Extended Access Service (CHEA) provides evening and weekend pre-bookable routine appointments with GPs and nurses. The service is available in North Cumbria, which makes it easier for you to get a routine appointment at a time that suits you. The NHS 111 and the CHoC out of Hours service is still available for unplanned primary health care needs.

When are these appointments available?

Appointments are available from 8.30am to 5.30pm on weekends.

Who can access these appointments?

Everyone registered with a GP practice in Cumbria. Temporary residents can also access the service providing they are registered as a temporary resident with a Cumbrian GP practice.

What can I be seen for?

A CHEA appointment is just like an appointment at your own GP practice; they are for routine primary care health needs.

Will I see my own GP and/or nurse?

You will be seen by an experienced GP or Nurse but it is unlikely you will be seen by your own GP or Practice Nurse. If you would prefer to see your usual GP or Practice Nurse, please book an appointment directly with them during normal practice hours.

How do I book a CHEA appointment?

You can request a CHEA appointment via your GP surgery.

If urgent care is required outside your GP's usual opening hours, please call 111. If your need is life threatening, please call 999 or go immediately to the nearest A&E Department.

Will the clinician I see have access to my medical records during my appointment?

The service uses EMIS Web Remote Consultation. This ensures that your patient record is updated by the clinician you see and the information is available to your practice.

How do I cancel an appointment?

To cancel your appointment you can either ring your surgery on **016977 2551** during their normal opening hours or **CHoC** on **03000 247 247**

CHEA appointments are available at the **CHoC Centre, the Cumberland Infirmary, Carlisle**